

Caregiver Tasks

Caretaking often involves many aspects of care; from dealing with the physical needs of an elder patient, to ensuring that the broader needs of their day-to-day life can continue.

Below is a list of some of the tasks caregivers might need to take on, or find someone to perform. Keep in mind that the more frail a person becomes, the more tasks they will need assistance with. In time, they may need someone else to take over these tasks entirely. Where that help requires financial and lifestyle decision making, ideally the caregiver would have worked out a care strategy with the older person or their family beforehand.

1	Pay bills and taxes
2	Do shopping; plan, cook and serve meals.
3	Maintain home (repairs, maintenance, upgrades, yard work)
4	Make appointments
5	Transportation to and from appointments
6	Housekeeping: laundry, cleaning, etc.
7	Coordinate medical care
8	Personal care: dressing, bathing, dental hygiene
9	Supervise or give medication
10	Incontinent care: changing incontinent products and cleaning up after incontinence
11	Hire home help for personal care, companionship, medical care, home maintenance
12	Supervise hired help and maintain records for taxes, employment ,etc.
13	Purchase or rent equipment
14	Retrofit home for safety: toilet and shower bars, railings, alarms for doors or bed
15	Take protective and proactive action against scams and fraud
16	Make personal care decisions such as moves to some kind of Seniors Housing
17	Make medical decisions
18	Deal with lawyers, doctors, accountants, government officials
19	Assist with pet care or make alternate arrangements
20	Liaise with/report to other family members

Diamond Geriatrics' Care Management services can help you to organize these tasks, and coordinate and carry them out. We work with you to develop an individualized Care Plan which gives you peace of mind knowing that everything is taken care of on a day to day and on-going basis.

Call us today at 604-874-7764

See Diamond Geriatrics' "How Prepared Are You to be a Caregiver" and Diamond Geriatrics' "Caregiver Decision List."